

Kanakadea Valley Aquatic Club

Individual Meet Results

2008 Niagara Long Course Championships 25-Jul-08 to 27-Jul-08 LC Meters

Location: University of Buffalo Alumni Arena

Kanakadea Valley Aquatic Club [KVAC-NI] Coach: Ross Munson

Time	F/P/S	Event	Place	Points	Improv
Ingold, Zach (16) M					
1:08.12L	P # 8	Male 15 & Over 100 Fly	30	---	-1.53
	30.91	37.21			
2:25.64L	F # 16	Male 15 & Over 200 Back	10	7	-0.82
	33.37	36.29 39.28 36.70			
2:30.75L	P # 16	Male 15 & Over 200 Back	11	---	4.29
	34.23	38.17 40.03 38.32			
59.90L	P # 32	Male 15 & Over 100 Free	25	---	1.28
	27.89	32.01			
2:13.31L	P # 92	Male 15 & Over 200 Free	30	---	2.29
	28.62	33.14 35.94 35.61			
1:04.94L	F # 108	Male 15 & Over 100 Back	6	13	-3.20
	30.70	34.24			
1:05.70L	P # 108	Male 15 & Over 100 Back	8	---	-2.44
	32.37	33.33			
25.04L	F # 116	Male 15 & Over 50 Free	2	17	-0.42
25.66L	P # 116	Male 15 & Over 50 Free	4	---	0.20
McConnell, Madeline C (13) F					
2:42.37L	F # 13	Female 13-14 200 Back	5	14	-2.35
	38.35	40.75 41.73 41.54			
2:44.24L	P # 13	Female 13-14 200 Back	6	---	-0.48
	38.25	40.93 43.20 41.86			
2:45.72L	F # 21	Female 13-14 200 IM	9	9	-5.03
	35.78	42.49 52.45 35.00			
2:49.65L	P # 21	Female 13-14 200 IM	12	---	-1.10
	37.17	41.01 52.53 38.94			
1:05.03L	F # 29	Female 13-14 100 Free	9	9	-0.47
	31.35	33.68			
1:05.15L	P # 29	Female 13-14 100 Free	9	---	-0.35
	31.26	33.89			
5:05.52L	F # 53	Female 13-14 400 Free	10	7	-16.34
	34.40	38.92 39.61 40.07 39.46 39.40 38.28 35.38			
5:15.64L	P # 53	Female 13-14 400 Free	12	---	-6.22
	34.35	39.27 41.89 40.83 41.76 39.76 40.80 36.98			
2:21.87L	F # 89	Female 13-14 200 Free	5	14	-9.14
	32.46	36.56 36.20 36.65			
2:25.92L	P # 89	Female 13-14 200 Free	8	---	-5.09
	32.78	36.62 39.22 37.30			
1:13.99L	F # 105	Female 13-14 100 Back	3	16	-1.33
	35.69	38.30			
1:14.74L	P # 105	Female 13-14 100 Back	2	---	-0.58
	36.46	38.28			
29.68L	P # 113	Female 13-14 50 Free	5	---	-0.15
29.70L	F # 113	Female 13-14 50 Free	7	12	-0.13
McConnell, Walter (52) M					

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29.41L	P # 116	Male 15 & Over 50 Free	58	---	0.35
Pilgrim, Greg (19) M					
2:12.49L	P # 92	Male 15 & Over 200 Free	27	---	-2.58
	29.52	32.96 35.14 34.87			
26.96L	P # 116	Male 15 & Over 50 Free	26	---	-0.36